

Douglas Special Action Group Minutes
15 May 2006
First Presbyterian Church
760 10th Street
Douglas, AZ

Meeting began at 6 PM.

Welcome and Introductions

Evelyn Whitmer invited everyone in attendance to introduce themselves and their organizations/agency.

Wilder Survey

Evelyn read the instructions to filling out the Wilder Survey and asked the members to fill out the survey. The surveys were collected.

SAG slide presentation

Evelyn presented the PowerPoint slide presentation that has been developed to promote the school nutrition policy. Graphs are used to relay information that is easy to understand about the increase of diabetes and obesity. There is a correlation between long term health and the onset of diabetes or and obesity.

There was a short discussion about the slide show and how it could be used in different settings. Suggestions made included: to include alternative healthy snacks. Action steps about what 'can' be done instead of what 'is' being done.

School Health Index

Beverly Jackson talked about the Wellness policy that is federal mandated and how the Douglas public school is working on implementing the rules and regulations. She asked for some recipes, suggestions, assistance in finding 'healthy foods' that the children would eat.

Updates

Other members to invite

Jenny Hunter passed out index cards for those present to write suggestions/names of other people who might be interested in joining the Douglas SAG group.

SWCCHP Programs

1. There are 35 people in new walking groups. The program is increasing by word of month from people who have benefited from the program.

2. Diabetes classes are being held for family education on diabetes, working with Chiricahua Community Health Centers, Inc.

EFNEP

A new employee, Emma Melo, has been hired. Please contact her about any assistance she can provide in presenting nutrition classes, attending health fairs, etc.

Douglas Hospital

The plans for the new renal dialysis center are waiting for federal approval on the building permit. The hospital is looking at an October 1, 2006 opening. Dr. Spikes met the matching funds, the community support is encouraging. The discussion on building a center started in 1999.

Diabetes classes

Maureen Kappler has received money from Steps for 5 week classes to empower the person to take control of diabetes. Families are encouraged to attend. The classes will be offered at the Douglas Food Bank.

Additional business

Official Thank-you

Jill Guernsey de Zapien said "Thank you" to Jenny for all her dedication and hard work to the Douglas SAG and the U of A College of Public Health. Jenny will be moving on to another adventure, teaching high school in Tucson. Evelyn praised and thanked Jenny for all the help and time she has devoted to the SAG. Dr. Mary Kirkhoff also told Jenny that she was a very open and honest person and that she was very easy to work with and would go far in any occupation she chose.

CARE Fair

August 2, 2006 is the date for the Douglas CARE Fair. Evelyn will send out more information about the CARE Fair via email. It will take place at the Douglas High School Gym.

Next SAG meeting is scheduled for September 25, 2006 at 4 PM for the subcommittee meeting and 5 PM for the regular SAG meeting.

Meeting adjourned at 8 PM.