

Steps Along The Border Initiative Patagonia, Rio Rico and Asthma Community Meeting Overviews

In the planning process for the Steps Action Plan, due to the Az Health Services April 15, 2004, community meetings in Patagonia and Rio Rico were scheduled. A separate meeting to address Asthma was scheduled with SAG members and community members interested in that particular disease. Patagonia and Rio Rico community members focused on the three diseases (diabetes, obesity & asthma). The SABI/Steps Along the Border Initiative is part of the Steps to a Healthier US. Steps is a five-year cooperative agreement to reduce the burden of diabetes, obesity and asthma. It will address three related risk factors: physical inactivity, poor nutrition and tobacco use. The grant was awarded to the Arizona Department of Health Services (ADHS) who in conjunction with Arizona Department of Education (ADE) will partner with Cochise County Health Department, Mariposa Community Health Center in Santa Cruz County, and the University of Arizona Cooperative Extension in Yuma County. Steps Along the Border Initiative will build upon the Border Health SI Initiative model. The focus of Border Health SI Initiative was Diabetes; Steps will broaden the focus by including Asthma and Obesity. The grant is feasible as to where funds will go; therefore, actions identified from each community meetings are not set in stone.

The purpose of the meetings where to identify sustainable initiatives that each community would like to see grow or begin to promote the health of their community in the Steps “targeted health” issues in the next five years. The following are the agendas for Patagonia, Rio Rico, and Asthma Meeting.

Patagonia Meeting

March 12, 2004

Attendees: JoJean Elenes Director for Platicamos Salud

Sonia Guerrero Program Coordinator for Platicamos Salud, Lee Rosenthal Facilitator from Mesa Public Health, Hong Chantreu facilitator for Mesa Public Health and approximately twenty community members from Patagonia.

Patagonia Community Meeting Agenda:

- ❑ Introductions and SABI/Steps overview
- ❑ Group discussion to share and identify existing community activities
- ❑ Brainstorm new ideas
- ❑ Prioritize community activities with stickers
- ❑ Identify potential partners for new or existing community activities
- ❑ Wrap-up

Asthma Group Meeting

March 15, 2004

Attendees: Ila Tittelbaugh, Marilyn Johnson, JoJean Elenes, Sonya Guerrero, Michele Kimpel Guzman, Sandra Romero, Nina Coe, and (GET HER NAME!) Platicamos Salud Promotora

Facilitator: Lee Rosenthal and Hong Chantreu.

Asthma Group Meeting Agenda:

- Introductions and overview of Steps/ SABI
- Discuss Steps focus regarding Asthma
- Discuss other ongoing programs, subcommittees, or activities regarding Asthma
- Presentation Michele Kimpel Guzman from Ambos Nogales Binational Air Quality group.
- Brainstorm new ideas
- Prioritize new or existing community activities with stickers
- Identify potential partners for new or existing community activities
- Wrap-up

Rio Rico Community Meeting

March 15, 2004

Attendees: Suzanne David (SEAHEC), Marilyn Johnson, JoJean Elenes, Sonya Guerrero and Sandra Romero.

Facilitators: Lee Rosenthal and Hong Chantreu From Mesa Public Health

Rio Rico Community Members: Stephen Schadler, Jeff Horwitz, Chris Peters, Fawn Gutzman, Claudia D. Medina, Lydia Fowler, Maria Velazquez, Dora Taddey and Carmen Smith.

Rio Rico Community Group Meeting Agenda:

- Introductions and overview of Steps/ SABI Grant
- Steve Schadler and Nina Coe Community Presentation
- Discuss ongoing programs, subcommittees, or activities
- Divide into groups of three and brainstorm new ideas
- Prioritize new or existing community activities with stickers
- Identify potential partners for new or existing community activities
- Group activity – taking a closer look at schools, preschools, elementary, middle, high school and beyond
- Wrap-up